



**BC Cancer Agency**

CARE + RESEARCH

*An agency of the Provincial Health Services Authority*

**Screening Mammography Program**

# BALANCING YOUR HEALTH NEEDS



Life is a balance of physical, social and spiritual well-being. First Nations women are often the caretaker, so balancing your health needs is important. Screening Mammography Program of BC provides BC First Nations women ages 40-79 with free screening mammograms. Screening mammograms can save lives by finding most types of breast cancer early - usually before it has spread

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**Keep things in balance - make an appointment**

**by calling: 1-800-663-9203**

**Go to [www.smpbc.ca](http://www.smpbc.ca) for more information**